



Schedule for Shabbaton

Friday Night:

- 5:25-5:40 – candle lighting (official time: 5:30)
- 5:40-6:25 – Shabbat services
- 6:25-7:15 – dinner
- 7:15-7:45 – “tish” (song session)
- 7:45-8:45 – board games/quiet time
- 8:45-9:15 – stories about peace
- 9:15-9:30 – get ready for bed
- 9:30 – 10:00 quiet time in sleeping bags
- 10:00 – bed time

Saturday Day:

- 8:00-8:15 – wake up
- 8:15-8:30 – wash up
- 8:30-9:00 – breakfast
- 9:00-10:00 – Shabbat services
- 10:00-10:30 – Shabbat “oneg” (snack)
- 10:30-10:45 – change into comfy clothes
- 10:45-11:15 – presentations of war reports and peace monuments
- 11:15-11:45 – memory game
- 11:45-12:30 – outdoor recess
- 12:30-1:00 – “seudat Shlishit” (third meal of Shabbat)
- 1:00-1:30 – “tish” (song session)
- 1:30-2:15 – literature circles on *Sadako and the Thousand Paper Cranes*
- 2:15-2:45 – Shabbat question game
- 2:45-3:15 – discussion on the connection between Shabbat and Shalom
- 3:15-4:00 – outdoor recess
- 4:00-4:30 – presentations of poetry books
- 4:30-5:30 – boards games/ quiet time
- 5:30-6:00 – pack up and clean up
- 6:00-6:25 – reflection activity
- 6:25-6:35 – Havdalah (official time 6:27)